

## Raw Apple Sauce

Ingredients:

2 apples

2 T Water

1/2 Tsp cinnamon (optional)

1/2 T lemon juice

Core apples first. Put in a Magic Bullet or food processor and blend until the right consistency. Chill and serve.

## Apple Pie Samples

Ingredients:

Refrigerated biscuits (2 per child)

Canned Apple Pie Filling (1 spoonful each)

Have the kids flatten one biscuit add about 1T of apple pie filling. Cover apples with another flattened biscuit. Press the edges down with a fork to seal. Sprinkle a little sugar on top. Bake at 350 for about 10-12 minutes.